Heart Pillow

OVERVIEW:

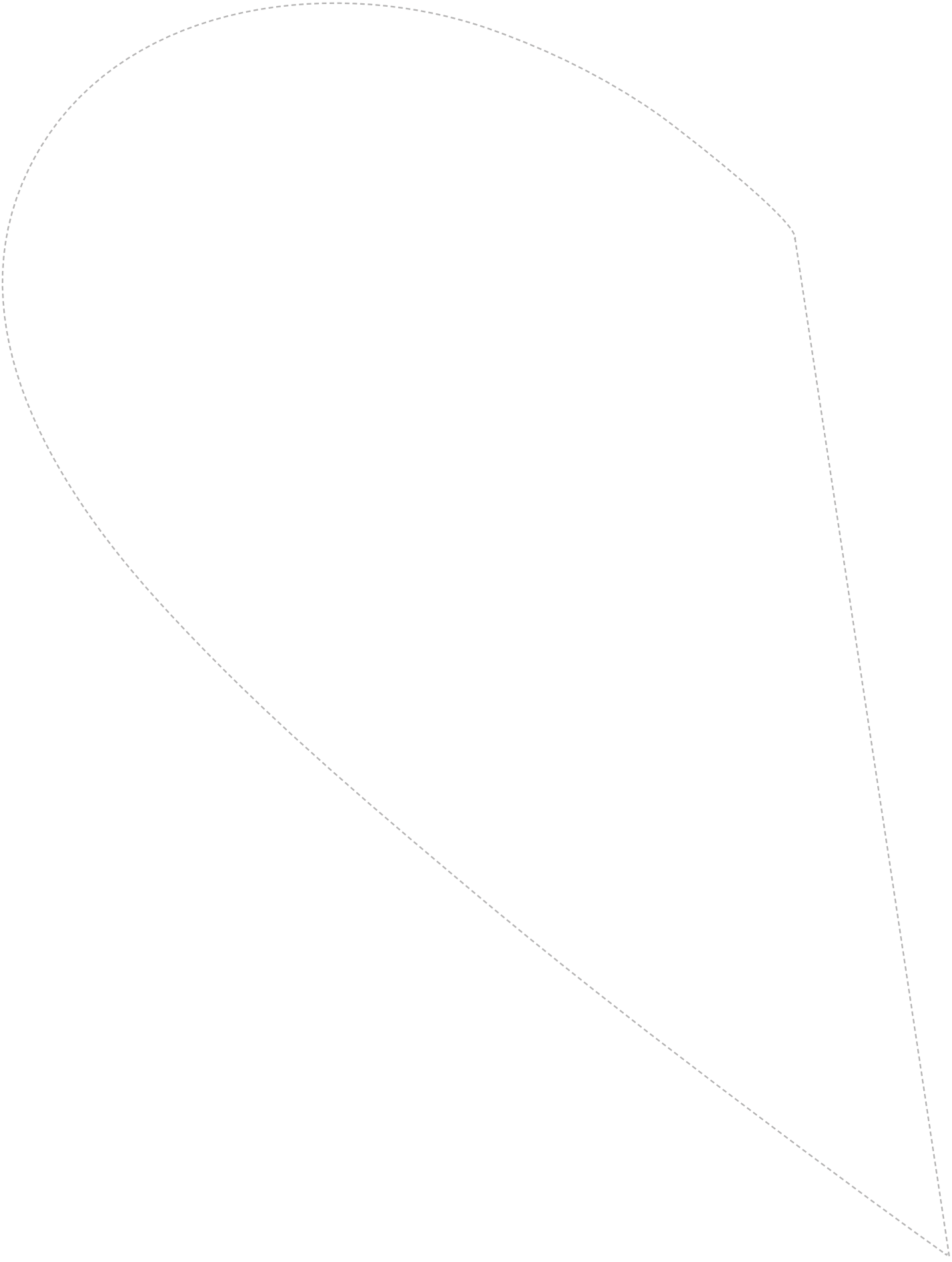
The chest is very sensitive and sore post-mastectomy—even everyday tasks like driving or sleeping can be extremely painful—but there are ways to help ease that pain.

Print out this traceable heart template to make your loved one a comforting pillow after surgery.

WHAT'S INCLUDED:

- **Gift Tag**
  Print and cut these two layer tags and attach with string or twine.
- **Printable Heart Template**
  Turn your loved one's comorting pillow into a sweet heart.

KEY

----- - cut along edge

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