

Countdown to Vacation



OVERVIEW:

Vacations are a great escape from daily stress, but preparing for a big trip can sometimes feel like more trouble than it's worth.

Make vacation prep a breeze by following this countdown schedule to stay on track every step of your planning.

WHAT'S INCLUDED:

- **Vacation Prep Checklist**
Follow these steps for how to prepare a month, a week, and a day before your trip.
- **Packing Guide**
Don't forget a thing with this personalized guide to packing everything you'll need.

Countdown to Vacation

A few months before:

- Come up with a solid budget for vacation expenses (e.g. food, activities) and start saving.
- Put your planned vacation dates in your work calendar and request the time off.
- Plan out an itinerary of potential activities and events to attend.
- Purchase everything you might need for the vacation itself, like hotel reservations, airline tickets, transportation, and attraction passes.
- If you have any pets, make arrangements for a temporary sitter or with a boarding place.

One week before:

- Put all mail and deliveries on hold, or ask a neighbor or a trusted friend or family member to collect it for you. Consider asking this person to keep an eye on your home as well.
- Head to the store and purchase any nonperishable items that you are planning to bring.
- Make a checklist for everything you will need to pack, and start to gather all of the items you need together in one place.
- Be sure all medications and emergency items are up to date and refilled.
- Put together activities to keep little ones occupied on the trip.

One day before:

- Throw away any food items that may expire while you are away, and take out any trash.
- Pack anything that you won't need to use the morning of ahead of time.
- Set your alarm, and make sure to leave at least 3 hours for preparation on the morning of your trip.
- Turn off air conditioning or turn down heat if you aren't planning on leaving any pets behind, to save on electric.
- Unplug larger electronics that are not grounded.

Packing Checklist

Essentials:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> Non-perishable snacks | <input type="checkbox"/> Credit Cards | <input type="checkbox"/> Travel membership cards | <input type="checkbox"/> Cell phone & charger |
| <input type="checkbox"/> Reading material | <input type="checkbox"/> Travellers checks | <input type="checkbox"/> Medical Insurance card | <input type="checkbox"/> Camera & charger |
| <input type="checkbox"/> Bottled water | <input type="checkbox"/> Passport | <input type="checkbox"/> Backpack | <input type="checkbox"/> Headphones |
| <input type="checkbox"/> Travel Pillow | <input type="checkbox"/> Drivers License | <input type="checkbox"/> Laundry bag | <input type="checkbox"/> Voltage adaptors |
| <input type="checkbox"/> Medications | <input type="checkbox"/> Map & directions | <input type="checkbox"/> Umbrella | <input type="checkbox"/> Binoculars |
| <input type="checkbox"/> Wallet | <input type="checkbox"/> Travel itinerary | <input type="checkbox"/> House keys | <input type="checkbox"/> Notebook & pen |
| <input type="checkbox"/> Cash | <input type="checkbox"/> Travel tickets | | |

Clothing:

- | | | | |
|---|-----------------------------------|--|---------------------------------------|
| <input type="checkbox"/> Underwear | <input type="checkbox"/> Jackets | <input type="checkbox"/> Exercise clothing | <input type="checkbox"/> Belts |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Hats | <input type="checkbox"/> Swimsuits | <input type="checkbox"/> Ties |
| <input type="checkbox"/> Sleepwear | <input type="checkbox"/> Gloves | <input type="checkbox"/> Athletic shoes | <input type="checkbox"/> Watch |
| <input type="checkbox"/> Dress shirts | <input type="checkbox"/> Scarves | <input type="checkbox"/> Leisure shoes | <input type="checkbox"/> Jewelry |
| <input type="checkbox"/> Dresses | <input type="checkbox"/> T-shirts | <input type="checkbox"/> Dress shoes | <input type="checkbox"/> Glasses |
| <input type="checkbox"/> Sweaters/Sweatshirts | <input type="checkbox"/> Jeans | <input type="checkbox"/> Sandals | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> Suits | <input type="checkbox"/> Shorts | <input type="checkbox"/> Slippers | <input type="checkbox"/> Glasses case |

Hygiene:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> Toothbrush | <input type="checkbox"/> Hair dryer | <input type="checkbox"/> Contact lenses & case | <input type="checkbox"/> Tissues |
| <input type="checkbox"/> Toothpaste | <input type="checkbox"/> Curling/flat iron | <input type="checkbox"/> Saline solution | <input type="checkbox"/> Cotton balls |
| <input type="checkbox"/> Floss | <input type="checkbox"/> Styling products | <input type="checkbox"/> Shaving cream | <input type="checkbox"/> Cotton swabs |
| <input type="checkbox"/> Mouthwash | <input type="checkbox"/> Hair accessories | <input type="checkbox"/> Razor | <input type="checkbox"/> Tweezers |
| <input type="checkbox"/> Soap | <input type="checkbox"/> Mirror | <input type="checkbox"/> Perfume/cologne | <input type="checkbox"/> Insect repellant |
| <input type="checkbox"/> Deodorant | <input type="checkbox"/> Facial cleanser | <input type="checkbox"/> Make-up | <input type="checkbox"/> Vitamins |
| <input type="checkbox"/> Shampoo | <input type="checkbox"/> Sunscreen | <input type="checkbox"/> Make-up remover | <input type="checkbox"/> First-Aid kit |
| <input type="checkbox"/> Conditioner | <input type="checkbox"/> Moisturizer | <input type="checkbox"/> Nail clippers | <input type="checkbox"/> Hand wipes |
| <input type="checkbox"/> Hair brush/comb | <input type="checkbox"/> Lip balm | <input type="checkbox"/> Nail file | <input type="checkbox"/> Lint roller |