

JUST SEW YOU KNOW



OVERVIEW:

Even if you consider yourself an experienced sewer, there is always plenty to learn about the best fabrics to utilize and how to maximize your measurements.

Print out this sewing guide for the next time you're stuck between using a polyester or a cotton thread.

WHAT'S INCLUDED:

- **Fabric Guide and Conversion Chart**
Keep this guide in your sewing kit to help answer any of your pressing questions at a moment's notice.



A THREAD FOR EVERY FABRIC

Cotton: use for cotton, corduroy, denim, and knit fabrics

Polyester: use for stretchy knits, lace, netting, polyester, and spandex fabrics

Silk: use for silk fabrics

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QUICK YARDAGE CONVERSIONS

½ yd. = 18 in.
1 yd. = 36 in.
Fat quarter = 18" x 22"
Fat eighth = 9" x 21"

POPULAR FABRICS

Woven: horizontal and vertical fibers, not stretchy

Knit: threads looping back and forth, slightly stretchy

Jersey Knit: lightweight, stretchy

Quilting Cotton: stiffer than apparel cotton, mostly for quilting

Natural: made from things in nature, e.g. hemp, silk, linen

Synthetic: made from inorganic materials, e.g. chiffon, rayon, velvet

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KEY

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